

## Conditions of Fundraising

1. You enter the 24 hour Christmas spin event at your own risk and Helphollie shall not be liable for any injury or loss which you may suffer or incur as a result of your participation in this event.

2. If you are unsure of your physical ability to take part, you should take medical advice from a general practitioner prior to the event. It is your responsibility to ensure that you are medically fit to participate and it is extremely important that you are realistic and truthful about your capabilities and level of experience.

Thank you for your support, Helphollie

Declaration:

Signed:

Name:

Date: